



Kernes Adaptive Aquatics
Josephine Kernes Memorial Pool
15 Portola Ave. • Monterey • CA 93940
Ph: 831-372-1240 • Fax: 831-372-3140
www.KernesPool.org

*Therapeutic warm water exercise for
children and adults with special needs*

Physician Consent Form

I give permission for the information requested below to be given to Kernes Adaptive Aquatics:

(PRINT Patient/Participant's Name)

Phone Number

Patient/Participant's Signature (or legal guardian)

Date

Your patient is considering taking part in aquatic exercise at the Josephine Kernes Memorial Pool (JKMP). JKMP provides adaptive aquatic exercise and instruction that is individualized to each person's needs and physical condition. Aquatic Instructors are trained in adapted aquatics, arthritis aquatics, and hold Lifeguard, CPR and First Aid Certifications. The facility consists of a 16'x30' indoor pool with a water temperature of 90° - 92°. A lift is available to assist non-ambulatory individuals in and out of the pool.

Section to be completed by Physician

Information for each section below is required of the physician. (N/A where not applicable)

Diagnoses and Conditions: (List conditions we should be aware of in working with your patient)

Are there specific activities you would recommend for your patient?

Are there any activities contraindicated for your patient? (This information is **required** for the safety and well being of your patient)

The patient named above has my approval to participate in an adaptive aquatic exercise program at the Josephine Kernes Memorial Pool.

Physician's Signature

Date

Print Physician's Name

Office Phone

Address

FAX